

PICKMEE KIDZ[®]

RECIPES

Spinach, Apple and Walnut Salad



DIFFICULTY:  

PREPARATION: 5 mins

SERVES: 4

INGREDIENTS:

2 sliced Smitten Apples, unpeeled
200gm Baby Spinach
100gm Rocket
1 cup Dried Cranberries
½ cup chopped Celery
¼ cup chopped Walnuts or Pecans
Red Wine Vinaigrette

METHOD:

In a salad serving dish toss together spinach, rocket, celery and nuts.
Sprinkle dried cranberries on top of the greens. Slice [Smitten apples](#) into Approx 3-5mm wedges and place on top of the greens and cranberries. Drizzle red wine vinaigrette over salad to taste.